



Proudest  
**accomplishment:**  
 Starting my own  
 consulting &  
 public speaking **business**

## Colleen Rutledge, RDH

Birthplace: Philadelphia, Pennsylvania

Where I currently live: Philadelphia

I went to dental hygiene school at: Coastal Carolina Community College in Jacksonville, North Carolina.

I chose dental hygiene because: It's a challenging profession with good income potential and gives me the opportunity to help others.

My current occupation: Clinical RDH and business owner

My mentors: Dr. Gary McDowell, Anne Guignon, Shirley Gutkowski, Casey Hein, Beth Thompson, and Kristy Menage Bernie

What I enjoy most about my dental hygiene career: The flexibility and patient interaction

Most prized possession: My three children: Billy, Ryan, and Danielle

Proudest accomplishment: Starting my own consulting and public speaking business

The last good movie I saw: *Lord of the Rings: The Two Towers*

The book that's had the most significant impact on my life: All the Harry Potter books—they rekindled my love for reading

The biggest change I've seen in the profession: Oral bacteria linked to systemic health

If I could do it over: I wouldn't change a thing.

If I could meet one person (dead or alive) it would be: Jesus—I have a lot of questions.

If I weren't a dental hygienist, I'd be: A stay-at-home mom.

My favorite hobby: Reading

The three words that best describe me: Generous, self-motivated, and passionate

Profile was prepared by **Jeanne Delaney**.

Do you have an interesting candidate for our **Profile** column? Send us her or his name, address, phone number, and email address. Attn: Communications/Profile, 444 North Michigan Ave., Suite 3400, Chicago, IL 60611, mail@adha.net.

